

**Essence:** Sweet children, in order to experience true peace, become *detached* from your body. Play the harmonium of your body whenever you want and become detached from it whenever you want.

**Question:** What is the wonder of the love of Shiv Baba, the Ocean of Love?

**Answer:** Shiv Baba, the Ocean of Love, gives you children teachings with love and makes you extremely sweet and extremely lovely, the same as He is. The wonder of His love is that you become worthy-of-worship like Lakshmi and Narayan. Even today people crowd around to have a glimpse of them. The Father has come to change you children from human beings into deities, from worshippers into those who are worthy of worship.

**Song:** You are the Ocean of Love...

Om shanti. At this time you children have received the third eye of knowledge, that is, the eye of the soul has opened. It is said: Trinetri. It is also called the story of the third eye. In fact, there is just the one name, "Raja Yoga", to attain the kingdom. To have yoga with the One who enables you to attain the kingdom and yoga with the kingdom is referred to as manmanabhav and madhyajibhav. Remember Me and remember your original form. The Father did not speak the Gita in Sanskrit. You children know what the Father explains and what is written in the scriptures. The Father is definitely the Ocean of Love and this is why the loveliest One of all is remembered. The Father too knows that He has to go and make the children constantly happy. This Dada was very happy. He didn't have any sorrow. However, he didn't know what happiness the Father would come and give. You are now getting the experience. The Father comes and makes you constantly happy and peaceful. There is happiness through wealth. The Father comes and gives you an inheritance. Some who are wealthy give their children an inheritance and make them happy. However, they cannot give peace. Everyone wants peace. Sannyasis too say: I want peace of mind, because the mind and intellect are in the soul. So they ask: How can there be peace of mind? Baba has explained: Ask them who made the soul peaceless. They say that the soul is beyond happiness and sorrow, that it is abhogta (beyond experiencing anything) and asochta (beyond having thoughts). They don't know that the mind and intellect are the *organs* of the soul. The Father explains: It is Maya that makes you peaceless. The original religion of souls is peace. However, these are the *organs*. But for how long would you remain seated in peace? Sannyasis have hatha yoga. They go deep inside a hole. The Father sits here and gives you knowledge easily. This is karma yoga. In fact, you also get peace at night. Achcha, it is in my own hands whether to use these *organs* or not to use them. I am not going to play this instrument. Consider yourself to be *detached*. There is no need even to blink your eyes. The soul continues to see through these eyes. The soul has received eyes to see. However, I do not use my tongue for anything. I just sit here, but there is no benefit in just sitting down idle. There is benefit in remembering the Father. Until you have yoga with the Almighty Authority, there cannot be any benefit. Yoga is called fire. This is also called a battlefield. It is the battlefield to conquer Maya. Your life-span will increase with yoga. Your sins are also absolved. There is also great happiness. By remembering Baba you will then go to Baba. It is all the *drama*, but Baba explains everything to you. Continue to remember the Father, but, together with that, you also have to do *service*, because you are not hatha yogis. You have received *organs* to do work. You know that souls are at first satopradhan. Then they go through the stages of sato, rajo and tamo. Now, from the beginning, all are tamopradhan. Some souls are good and so their names are glorified. But those at the end have less power. At first, the soul has more power. So, the unlimited Father is the Ocean of love. He pulls you so much. Look, how much Lakshmi and Narayan attract you. No one knows who made them so sweet. Those who were worthy of worship have become worshippers. Your Mama and Baba did not even know this. Now, by knowing this, they have awakened: Oho, we are those same deities. God sits here and awakens you. He shows you the method with which to conquer Maya. But there are no other weapons etc. People don't know what is called Maya. They are completely senseless. Only when they become those with a stone intellect would the Father come and make them into those with a divine intellect. Lakshmi and Narayan are the *most beloved*. At this time, all are tamopradhan. Because of not knowing God, they continue to remember pebbles and stones. They don't even know Brahma, Vishnu and Shankar. They are

the residents of the subtle region. Lakshmi and Narayan etc. are said to be human beings with divine virtues. Krishna had divine virtues at the beginning of the golden age. Everyone loves Krishna a great deal and they also rock him in a cradle. If Krishna came later in the copper age, they should rock Rama. However, they never rock Rama in that way. You know that a soul sheds a body and runs into another body. It doesn't take long. It is the soul that runs the fastest. It doesn't take even a *second*. There is nothing faster than this spiritual *rocket*. However, all of those are physical things. You are the Ocean of Love. This is the praise of One. He definitely did something for this is why He is praised. You children now know that Shiv Baba is very much the Ocean of love. It is the wonder of Baba's love. He gives you teachings and makes you become like Lakshmi and Narayan. He is the Ocean of Love to such an extent. So many people go to have a glimpse of them. When people go to Shrinathdware to have a glimpse of them, there are so many crowds that they are sometimes even beaten. Baba says: I make you children as sweet and lovely as they are. You too were deities. It is said: Hum so, so hum. In fact, it is: So hum, hum so. We were the children of Baba, we become deities and then we became warriors. However, it isn't that a soul is the Supreme Soul or that the Supreme Soul is the soul. We souls were worthy-of-worship deities and then we took 84 births. We were deities and then two degrees less and we became warriors. Then two more degrees less and we became merchants. This is called the discus of self-realisation. It takes one *second* to spin this cycle. You should have the intoxication that you have now become the children of God. This is why it is remembered: If you want to know about supersensuous happiness, ask the gopes and gopis of Gopi Vallabh. We have now once again come to belong to Baba. We will then once again become deities. I, the soul, am thinking: I am today becoming this. Yesterday I was in the night and today I am in the day. It is remembered: When the Satguru gives the ointment of knowledge, the darkness of ignorance is dispelled. We were completely tamopradhan. What is the Father now making us? He sustains us with so much interest. Baba also has to take so many insults. However, he understands that this too is the *drama*. It is *nothing new*. You definitely have to make effort on a battlefield. It isn't that you would receive a kingdom without making effort. *Students* would not say: Teacher, bless me. One has to make effort to claim a good *number*. This is a *Godly college*. God speaks: I make you children into kings of kings. No one else can understand the meaning of this. So the unlimited Father makes you children into the masters of the world. The *capital* is Delhi on the banks of the River Jamuna. The *capital* has passed through the hands of many. Now Delhi is just pebbles and stones. Then it will be made of gold. However, it isn't that the golden Dwaraka went down below and then came up again. There isn't any other Lanka. At this time, the whole world is Lanka. The kingdom of Ravan is now continuing. All the brides are sitting in the cottage of sorrow. There, it is the cottage that is free from sorrow. Here, there is lot of sorrow at every step. Baba comes and makes you very sweet. He says: Sweetest children, never cause anyone sorrow. Only the one Father is the Bestower of Peace and Happiness. He comes and gives you the inheritance of peace and happiness and so you have to follow shrimat. Whatever time you can make from your business, remember the Father. You need to have the power of purity through which you will receive a body that is free from disease. The ancient yoga of Bharat is praised very much. When it is the time, the Father Himself comes and gives you *knowledge*. Human beings cannot give it. Many sannyasis go abroad and say that they have come to teach the ancient yoga of Bharat. However, none of them teach Raja Yoga. This too is fixed in the *drama*. It is the ancient Raja Yoga of Bharat. The Father says: I come at the confluence age of the cycle. Those people have removed the word "confluence" and said that He comes in every age. The Father explains: When the confluence of the golden and silver ages takes place, two degrees have been reduced. In the iron age, all the degrees are totally finished. You go through these clans: the deity clan, the warrior clan... You children understand accurately that all of this is a play. The play of victory and defeat is based on Bharat. Maya defeats you and the Father comes and enables you to gain victory. No one explains that it was Maya that has made you peaceless. Baba says: You have now lost the necklace of peace. I am now making you wear that same necklace of peace with which you become *ever-peaceful*. This discus of self-realisation should also spin inside you. Externally, by blowing the conch-shell you become kings and queens. You don't have to do anything else. It is very easy. You have received recognition of Baba. Our

Baba is the Creator of heaven. We truly were the masters of heaven. Baba has now come once again to make us into the masters of heaven. Baba, I now belong to You alone and none other. Because Krishna's name was put in the Gita, they say: Mine is one Girdhar Gopal and none other. They believe Krishna to be God and that all are one. Because of not knowing God they have become atheists. You have now become theists because you know the Father. Those people have a non-loving intellect at the time of destruction. "Non-loving intellect" means they don't love God. The Father is the Ocean of Love, the Ocean of Peace and the Ocean of Happiness. There is a lot of praise of Him. It isn't that Brahma, Vishnu and Shankar are all the one God, that Narayan is also God, Rama is also God! On the one hand, they say that God is beyond name and form and on the other they say that He is in the pebbles and stones. By now knowing the Father you are making effort to claim your full inheritance. Shiv Baba is having all of these buildings etc. built for you children because you children have to study here. When you come to the end of a journey and have come close to your home, you would understand that you have almost reached home. Therefore, you children should be very happy. Baba will entertain you with visions because there will be upheaval at that time. So, at such a time, you want to stay with the Father so that you can easily have visions. Whilst sitting in yoga you will continue to have many, many visions. You will *dance* in happiness. However, all the rest will shed their bodies and go back home. There is unnecessary bloodshed without cause. No one is battling with you. You will see everything as detached observers, but courage is also needed. Weak ones cannot stay here. The more sorrow there will be in the world, the more happiness Baba will give you to entertain you. Whilst sitting here, there will be many visions given. There are so many children, and so Shiv Baba's treasure-store would definitely be overflowing. Everything happens through the children. Someone may have seven children, but out of those, some would be wealthy and others poor. They are still children though. This One is the Senior Father. This is an unlimited home. This one is the mother and father and then Jagadamba has been made the instrument to look after you children. Kumari Mama has been filled with the power of gyan and yoga. Baba also stays in yoga. The murli is spoken. You don't think that it is just Shiv Baba who speaks the murli, do you? Is this one's soul a buddhu? You may think that this one is buddhu, and that Shiv Baba alone is speaking the murli. So then, it is good to remember Him. Always think that Shiv Baba comes in this one and teaches you. The Father says: By remembering Me, you will always remain safe. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

#### Essence for dharna:

1. With the awareness of "hum so, so hum" continue to spin the discus of self-realisation and maintain spiritual intoxication. Become extremely sweet and extremely lovely, the same as the Father.
2. In order to remain constantly safe, remember only the one Father. Don't just sit in peace. Remember the Almighty Authority Father and also take power from Him.

**Blessing:** May you be a constant yogi and make true spiritual endeavour with a true relationship of the heart.

Spiritual endeavour means powerful remembrance and having a true relationship of the heart with the Father. Just as you sit in yoga whilst completely still physically, in the same way, let your heart, mind and intellect be focused as you sit with the one Father. This is accurate spiritual endeavour. If your spiritual endeavour is not like this, then it is prayer (aradhana). Sometimes, there is remembrance and sometimes there are complaints. In fact, there is no need for complaints in remembrance. Those who have a true relationship of the heart with the Father become constant yogis.

**Slogan:** With the awareness of the Father being "Karavanhar", become a carefree emperor and continue to experience the flying stage.

\*\*\* OM SHANTI \*\*\*